Are You A Bully?
Have you ever picked on people who are smaller than you?

- Yes
- No
Have you ever teased someone even if they asked you to stop?

- Yes
- No
When you tease someone, do you like to see them get upset?

- Yes
- No
Do you think it is funny when people make mistakes?

- Yes
- No
Have you ever taken or destroyed someone else’s belongings?

- Yes
- No
Do you want other kids to think you are the toughest kid in school?

- Yes
- No
Have you ever gotten angry at someone and stayed angry for a long time?

• Yes
• No
Have you ever told anyone they can’t be your friend if they don’t do what you say?

- Yes
- No
Have you ever made fun of someone because of the way they looked? (clothes, hair, body)

- Yes
- No
Have you ever been mean to someone who hurt you even if they apologized?

• Yes
• No
When you play sports or games, do you always have to be the winner?

- Yes
- No
Have you ever called a classmate “stupid” if they failed an assignment or test?

- Yes
- No
Add up your Yes and No answers

• 1 point for Yes
• 0 points for No
If you have even 1 point (most of you should) you have shown bully behavior.
Has Your Counselor Ever Been a Bully (as a kid)?
Note to you, the *SUPER COUNSELOR*:

Here you can talk about your experiences when you showed bully behavior as a kid. Come on, admit it, we have all shown bully behaviors! Tell them the story behind your actions.
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Have you ever teased someone even if they asked you to stop?

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When you tease someone, do you like to see them get upset?

• Yes
• No
Do you think it is funny when people make mistakes?

- Yes
- No
Have you ever taken or destroyed someone else's belongings?

- Yes
- No
Do you want other kids to think you are the toughest or coolest kid in school?

- Yes
- No
Have you ever gotten angry at someone and stayed angry for a long time?

- Yes
- No
Have you ever told anyone they can’t be your friend if they don’t do what you say?

- Yes
- No
Have you ever made fun of someone because of the way they looked? (clothes, hair, body)

• Yes

• No
Have you ever been mean to someone who hurt you even if they apologized?

- Yes
- No
When you play sports or games, do you always have to be the winner?

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Have you ever called a classmate “stupid” if they failed an assignment or test?

- Yes
- No
Oh NO! Your counselor has been a BULLY!